

PRIMARY SCHOOLS CROSS COUNTRY

DATE: Wednesday 19 June 2019. Postponement date Wednesday 26 June.

ENTRIES: Entries close 5pm 10 June.

ASSEMBLY TIME: 10.00am

VENUE: Halswell Quarry

GRADE INFORMATION: Disabled athlete classification: 1km 10.20am start time

Year 5 Girls 2km 10.30am start time

Year 5 Boys 2km 10.40am start time

Year 6 Girls 2km 10.50am start time

Year 6 Boys 2km 11.00am start time

Years 5 & 6 prizegiving approximately 11.20am

Year 7 Girls 3km 11.10am start time

Year 7 Boys 3km 11.25am start time

Year 8 Girls 3km 11.40am start time

Year 8 Boys 3km 11.55am start time

Years 7 & 8 prizegiving approximately 12.15pm

1 team entry per category per zone, except East, North, South West & North West zones may enter 2 teams per category. Teams consist of 6 runners and can only run in one of the above categories. Both individual and zone team placings will be calculated for each grade.

1. Manager's Duties:

Ensure your team knows the start times and competitors are ready to race.
Placegetters certificates will be available on the day – please collect before you leave.
All participants **must wear suitable shoes**. No spikes (the fields are too large), no bare feet.

2. Drinks:

Competitors should bring their own drinks and refreshments.

3. Officials for the Day:

Each team will require a manager and each zone will require a person to assist with set up in the morning and a marshal to stay on duty for each of the races (see below). Each school is responsible for their own first aid.

4. Course Marshalls:

Those officials required to assist around the course will be indicated on a map. They are to report to Lyn Miles at 9.45am. Each zone will supply an adult for this task (the second named person) who must stay in place for all 9 races even if the school they represent is only entered in junior races. Take names of those displaying poor sportsmanship which can mean disqualification for them.

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5. Zone Recorders and Marshals for each zone:

Recorder – On the day - collect timing chips and distribute to each of their zone participants, and write their number on each participant's arm. Marshal – on the day stay at their allocated position at the course for all races. This position could be shared but each zone must cover that position for all races.

6. Disabled Athlete Classifications:

PD - Physical Disability - This category is for athletes with physical and visual impairments that affect their ability to compete against able bodied athletes. Athletes should be eligible to compete under the Para sport classification, which includes, but is not limited to, the following impairments; amputees, cerebral Palsy, limb impairments, little people, muscular dystrophy, spina bifida, spinal cord injuries and visual impairments.

O – Open – This category is for disabled athletes who do not meet the criteria for the above physical disability category (unable to gain a provisional physical or visual impairment classification for Para sport). This includes, but is not limited to, down syndrome, development delays or athletes who would be eligible for Special Olympics.

INTER REGIONAL CROSS COUNTRY REPRESENTATIVE TEAM SELECTION FOR 2019

Primary Sports Canterbury selects a team of 80 year 5-8 children to run in this event.

Details are below on team selection.

Inter-Regional Cross Country Event (IRXC 2019) Phil Costley Shield: Canterbury v Tasman v Wellington v South Canterbury

For 2019 this event will be held in Hanmer Springs, on **Thursday 26 September**.

A Primary Sports Canterbury Cross Country team will be selected as follows:

- the top 10 girls and top 10 boys from the **Year 5** event on 19 June
- the top 10 girls and top 10 boys from the **Year 6** event on 19 June
- the top 10 girls and top 10 boys from the **Year 7** event on 19 June.
- the top 10 girls and top 10 boys from the **Year 8** event on 19 June.

There will be a cost involved for transport, accommodation, meals and some optional parts of a uniform, for children to participate in this event. Parents will need to sign a permission slip for children to be able to participate. Schools will need to agree to allow their pupils to be a part of these teams from 25th – 27th September.

In order to be part of the Primary Sports Canterbury team, children **MUST** travel and stay with the team and they must attend at least 7 of the 10 training events, before the event on 26 September. Schools with qualifying athletes will be sent a letter of congratulations, which also suggests that the schools may like to contribute to costs these athletes will incur to travel to the IRXC event in Hanmer Springs.