

Lincoln Zone Cross-Country - 2019

Date: Monday 27th May (pp Fri 31 May)) We will run this unless weather conditions are extreme.

Venue: Halswell Quarry Park, Kennedys Bush Rd, Halswell. Please use entrance off Cashmere Rd.

12.00 pm Assemble at venue.

12.15 pm Familiarisation walk of course.

NB - This event will be run in year groups. Each school can enter 6 per Gender per Year group. (See Sports Directory)

12.40 pm	Yr 5 Girls	2 laps shorter course
12.50 pm	Yr 5 Boys	2 laps shorter course
1.00 pm	Yr 6 Girls	2 laps shorter course
1.10 pm	Yr 6 Boys	2 laps shorter course
1.20 pm	Yr 7 Girls	2 laps longer course
1.35 pm	Yr 7 Boys	2 laps longer course
1.50 pm	Yr 8 Girls	2 laps longer course
2.05 pm	Yr 8 Boys	2 laps longer course

The first 6 place getters in each race will make up the Lincoln Zone Team for that year group, to compete in the Canterbury Championship on the 19 June

Entries:

- A maximum of **6** runners per school, per race
- Each runner will have a number marked on his/her hand to indicate his/her placing.
- This number will be recorded on the results sheet for their event, as the runners finish their race.

Requirements

- No spiked shoes or bare feet
- One parent/teacher per school to act as team manager, to supervise non-participating team members, to monitor their team members' behaviour and to ensure that runners are present at the time for the start of each race.

Parents are requested to stay clear of the finishing area and not to encroach on the track during the races.

Runners are required to stay within the competitor area before and after completing their event. Water bottles are to be used for drinking purposes only and not for refreshing runners as they run by.

School Responsibilities

Each school must supply an additional parent/teacher to fulfill the following tasks.

<u>Halswell</u>	Course setup, Marshall, Starter
<u>Lemonwood Grove</u>	Course Marshall
<u>Clearview</u>	Course Marshall
<u>Akaroa</u>	Course Marshall
<u>Okains Bay</u>	Course Marshall
<u>Duvauchelle</u>	Course Marshall
<u>Lincoln</u>	Chief Judge (Ipad for photo finishers)

Lincoln Zone Chute

<u>Tai Tapu , Araria Springs</u>	Judging and marking on hands - Girls
<u>Springston, Prebbleton</u>	Judging and marking on hands - Boys

Selwyn Central Zone Chute

Templeton, Amy McClintock Judging and marking on hands - Girls

Rolleston, W. Melton Judging and marking on hands - Boys

Judging schools please bring two vivid markers for marking results on hands)

Lincoln Zone results

L. River /Knights Stream Recording - Girls

Broadfield Recording - Boys

Selwyn Central Zone results

Yaldhurst Recording - Girls

Burnham Recording - Boys

Halswell Senior Pupils Course stewards

Car Parking Cashmere Rd car park and main Quarry car park,
Kennedys Bush Rd

Please remind parents that The ChCh City Council has told us they may be ticketed if they park over gateways or in no parking areas.